



# Clinton Substance Abuse Prevention Coalition

**Vision:** *To prevent and/or reduce use of alcohol, tobacco, and other drugs among all Clinton County residents, with a special focus on youth.*

**Mission:** *To reduce the harm caused by alcohol, tobacco, marijuana, and other drugs in Clinton County by fostering community action, education, support and collaboration.*

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## **Meeting Minutes Wednesday, November 18, 2015 MMDHD – 8:30 a.m. – 10:15 a.m.**

**Present:** Marie Barks, Karen Black, Polly Brainerd, Marcus Cheatham, Heather English, Bruce Ferguson, Joel Hoepfner, Kyle Knight, Gary Owen, Karla Palmer, Nan Simons, Lance Taylor, Sara Thelen, Nicole Craig, LeAnna Olson, Arisu Kurimura, Quang Ho, Alivia Lehto, Kelly Monagle, Kate Neese, Brittany Mancogna, Kirstyn Zdebski

### **Welcome: Chair Kyle Knight**

- Kyle called the meeting to order at 8:30 a.m.
- Introductions were made; we reviewed the CSAPC Vision and Mission Statements
- Reviewed the Agenda and Meeting Minutes – Motion to approve: Marcus Cheatham, Karen Black seconded the motion to approve both. **Motion carried.**
- Treasurer's report-no changes. We have an account with Journey now.

### **Mid-State Health Network (MSHN) Report: Heather English**

- Heather English introduced herself as she just started in October. Heather is one of three Prevention Specialists working with MSHN. Melissa Davis is assigned to Clinton County as the Treatment Specialist. Heather shared her work history and the great news that she just had a new baby. Welcome to CSAPC, Heather!
- Updates: the SUD provider meeting is on Friday 11/20 from 1 – 3 p.m. at the LCC Campus West. This is a great networking opportunity with other county coalitions. The SUD provider annual report is almost complete and it will be released by next week. There is a survey on prevention training needs; Polly will send it out to the coalition to fill out and ask that it be returned to Heather.

### **Standing Agenda Items**

- **Recovery Oriented Systems of Care (ROSC).** Several of the task force members met. We are in the phase of implementation of working with Wellness InX with a peer-to-peer recovery coach model. We understand that Wellness InX is in the process of putting a proposal together for funding from MSHN. We are excited and encouraged about the next meeting to see the formal proposal.
- **Drug Free Communities Grant (DFC), Sarah Thelen.** Sara provided an update on her DFC activities. Sara and Polly have met with four of the six local schools and they are each on board with administering the MiPHY. We offered assistance with administering the survey and with interpreting the data. Two more school meetings are scheduled this month. Sara attended the Marijuana summit in October and the PAL Advisory meeting. Fifteen new Clinton County PALs were trained this past summer. All of the required DFC products were turned in on time. CSAPC is officially certified in the CADCA training. Sara said there will be other opportunities for additional coalition members to attend: a Leadership forum in February and another one in July.

The PALs talent show committee met. They discussed the possibility of continuing the talent show in 2016. Participation across the tri-counties has decreased and it is a lot of work. Sara asked for input from the coalition on ideas for other alternatives. The goal is alcohol awareness and prevention and involving youth in a positive way. Safe Prom initiative as possibility. Marcus shared a social media option with a photo voice page and participating in environmental scans. Karen suggested having students and teachers provide input into the ideas and perhaps doing public service spots around prevention. Sara sent out a Great American Smokeout press release that was on 11/19. She wasn't sure any of the local papers published the story.

She is putting together the DFC grant carryover request. We have to submit a request and have coalition approval. Below are the ideas put forth for the carry over funds:

- Expansion of the PAL Project - \$6,000
- Drug Free Communities Banner - \$500
- Infographics - \$900
- Website - \$5,300
- Paid promotional advertisement in local newspapers - \$300
- CADCA Leadership Forum – additional coalition member - \$2500
- CADCA Mid-Year – 2 people - \$5,000

Motion to approve the ideas: Marie Barks, Marcus supported. **Motion carried.**

Sara also shared some Tobacco prevention resources available she obtained from the Tobacco Free Michigan meeting she attended.

- **Prescription Drug Medication Take Back, Kate Neese.** Kate gave an update on the medication collection events. All of the dates for the year are set and publicized. She receives a lot of help from the police departments and hopes to permanent drop off sites with a secure box in the sheriff's office to drop off controlled drugs regularly and safely. She brought information about how much medication is being dropped off and collected. So far this year, 828 pounds of non-controlled 152 pounds of controlled medicine were collected. That is a huge amount of medication and there is still one more event this year. Residents really support the program. She is looking to coordinate and expand our take-back programs. They are able to take sharps programs at two events a year and residents must have an appointment for that. Check the Website for dates of events: Clinton-county.org. Search waste management department and current events [www.clinton-county.org/Departments/DepartmentofWasteManagementHomePage/CurrentEvents.aspx](http://www.clinton-county.org/Departments/DepartmentofWasteManagementHomePage/CurrentEvents.aspx)
- Polly shared the PSA developed by WILX for the Capital Counties Commit campaign
- Joel shared the Capital Area takebackmeds.org site: <http://www.takebackmeds.org/> The goal of the site is to properly dispose unwanted medications in conjunction with the Capital Counties Commit campaign. This campaign includes the website, print material, TV and Radio PSAs and billboards. Proposed launching of the media campaign is slated for 12/1.

**Executive Committee Report, Kyle Knight.** We met two times since our September Coalition meeting and the minutes were reviewed. We will have to adjust the by-laws in January once we make decisions about the new structure of our meetings.

**Data Review Activity, Polly Brainerd.** The group divided up into four groups and each group reviewed data on marijuana, alcohol, tobacco, prescription medication, and the overall health of Clinton County residents. The groups reported out on two to three big ideas gleaned from the data and made suggestions on how the coalition could address the issues. Please see attached notes from the five groups.

**New/Continuing Business: CSAPC meeting format, Kyle Knight.** Kyle led the coalition in a discussion about the structure of our coalition meetings. Our discussion included:

- Full Coalition meets bi-monthly beginning with our next meeting on January 20, 2016 **(we will not be meeting in December)**
- Committees meet every other month beginning on February 17, 2016 (ROSC, Prescription Drugs, Alcohol, Marijuana, and Tobacco) in the Conference Room at MMDHD from 8:30 – 10:00 a.m.
- Committees will report out on their activities during the full coalition meeting
- Committees can choose to meet more frequently than once a month or at a different location than the MMDHD
- We agreed that in order for this to be successful, we'll need to be action oriented
- We agreed to try this process out for a few months and re-evaluate to see if we can maintain our good momentum as a coalition with this process
- It was also suggested that we do our best to retain the voice of the MSU nursing students or other young people who have, so far, contributed so much to the coalition discussions. Include one young adult in each committee
- The Executive Committee will continue to meet monthly and any coalition member is welcome to attend

Motion: Karla Palmer made the motion stating the above agreements, Marie Barks seconded. **Motion carried.** We will review a draft of the revised By-Laws at the January meeting. Please note the change in the meeting dates below to reflect this new process.

**Coalition Member Updates and Announcements.** Marie Barks shared that she heard an excellent presentation by Laura delaRambelje from the Tobacco Section at MDHHS. This sparked a discussion about having a day-long session in Clinton County to include this presentation, one from Officer Jim Galloway who presents on emerging drug trends, and possibly including one on Fetal Alcohol Syndrome. Marie will provide contact information on the presenters, Nan offered to have the Hospital secure a room at the Agro-Culture Center. Polly will follow up on coordinating this and will report back at our January meeting.

Marcus asked if anyone had heard about a new treatment facility being built in Clinton County. No one had heard anything about it. Heather English said she would check and let us know.

Karla Palmer made a motion to adjourn. Joel Hoepfner seconded. **Motion carried.** The meeting adjourned at 10:15 a.m.

**2015-16 CSAPC Meetings-MMDHD, 8:30 a.m. – 10:15 a.m.**

January 20, 2016 (Full Coalition), February 17 (*Committees*), March 16 (Full Coalition), April 20 (*Committees*), May 18 (Full Coalition), June 16 (*Committees*), July 20 (Full Coalition), August 17 (*Committees*), September 21 (Full Coalition)

**2015-16 Executive Committee Meetings (anyone is welcome)-St. Johns Police Dept., 8:30 a.m. – 10:00 a.m.**

January 6, 2016, February 10, March 2, April 13, May 4, June 1, July 6, August 3, September 7