



Clinton Substance Abuse Prevention Coalition

Vision: *To prevent and/or reduce use of alcohol, tobacco, and other drugs among all Clinton County residents, with a special focus on youth.*

Mission: *To reduce the harm caused by alcohol, tobacco, marijuana, and other drugs in Clinton County by fostering community action, education, support and collaboration.*

Meeting Minutes

Wednesday, September 16, 2015

MMDHD – 8:30 a.m. – 10:00 a.m.

Present: Karen Black, Polly Brainerd, Marcus Cheatham, Dave Cooper, Al Goodrich, Joel Hoepner, Debby Kloosterman, Kyle Knight, Amanda Lorencz, Gary Owen, Karla Palmer, Lance Taylor, Sara Thelen, Rod Weisenberger, Tracy Barber, Kelly Monagle, Quang Ho, Arisu Kurimura, Alivia Lento, Kari Gulvas, Andrea Tabor, Joe Lowe, Deborah Smith

Welcome: Chair Kyle Knight

- Kyle called the meeting to order at 8:30 a.m.
- Introductions, Reviewed CSAPC Vision and Mission Statements
- Approval of Agenda and Meeting Minutes – Motion: Karen Black, Dave Cooper seconded the motion to approve the meeting agenda and minutes. **Motion Carried.**
- Treasurer's Report-no changes in the treasurer's report. Gary noted that in the First Merit account, \$17 remained. The bank was charging service fees. We switched the account over to Journey and First Merit will be closed this month.

Coordinator's Report: Polly Brainerd

- Polly introduced herself as the new CSAPC coordinator and Kari Gulvas from Mid-State Health Network Prevention Specialist
- Kari stated that Mid-State Health Network oversees substance abuse and mental health treatment for 21 counties. Within the 21 counties, regions have been assigned prevention specialists. Heather English, who will regularly work with us is on maternity leave and Kari is standing in for her. Melissa Davis is the treatment specialist assigned to Clinton County.
- Kari shared that state wanted a change in the funding and structure for the prevention and treatment providers. Contracts should be coming forward soon for this upcoming program year. We will be moving into this year with the same amount of funding. Within first six months, she will be meeting with coalitions. Kari suggested we keep moving forward with programing as we have been. Over time, the 21 counties will come together and be consistent with our structures. However, the State Legislature decided to lower the PA2 money by almost half. It remains to be seen how that will affect us.

Executive Committee Report: Kyle Knight

- Attached in the handout are the meeting minutes from the 9/9/15 Executive Committee meeting.

Standing Agenda Items

- Recovery Oriented Systems of Care (ROSC) presentation, Joe Lowe and Dr. Deborah Smith, Wellness InX
 - Joe and Deborah shared information about the services they provide. They are non-profit providers with CEI-CMH. Dr. Deborah Smith is the therapist. Deborah shared their vision and services. They talked about the peer support network. Many of the referrals are people who are not treatment ready and Wellness InX works with them to get more positioned for treatment. Their role involves getting people connected in their community. They are not abstinence based and will help clients from whatever position they are in currently.

- They are also trainers in Peer Recovery Coaching hosting a training academy twice a year.
 - They offer a variety of supportive services around housing, weekly peer groups, court-ordered treatment, and strength based and client centered services. They will work with clients particularly at risk such as those with multiple treatment failures, history of legal involvement, women with children, pregnant women, veterans, those with mild to severe mental health issues.
 - They provided some recommendations for services they could provide to Clinton County residents and the minimal requirements for peer coaches with administrative oversight by Deborah and Joe, as well as suggesting some referral sources: DHHS, Office of Community Corrections, Probation/parole, courts.
 - Questions they had for CSAPC included, what are the services we need, what is the current referral base, and what is the funding mechanism for a project? Marcus asked if they have experience with working with Pathways to Better Health. They do work closely with Ingham county Pathways.
 - A question about case management for youth under 18, Child and Family Charities, Gateway Community Services, and Child and Family Services in Jackson. MSU has a collegiate recovery program through Olin for those aged 18-25. Coalitions can build support and address 18 and under recovery systems of care.
- Drug Free Communities Grant, Sara Thelen
 - Reminders: for DFC grant we have to have 100% in-kind forms for anyone doing substance abuse services. Please fill out and return to her. Debby Kloosterman. asked a clarifying question about the jail group she is doing. Gary suggested that will fill out the in-kind form and we can sort this out. We want to cast a wide net and our SAMSHA funders will let us know if some service is not applicable. Marcus reminded us that they want to see us have progress on youth. Dave Cooper said that they have group substance abuse treatment services in the jail.
 - Sara created a Facebook page for the coalition. She will email a link and if we could please like it to get the word out.
 - Project Alert- update was tabled until next meeting.
 - Community Anti-Drug Coalitions of America (CADCA) Effective Coalitions presentation, Kyle Knight
 - Kyle participated in a CADCA webinar. He shared that while we do really good work, we could also be more effective in how we conduct business.
 - He shared the high points on recommendations for conducting effective meetings.
 - We had some discussion at our Executive Committee meeting and wanted to open it up for discussion for the full coalition.

New/Continuing Business

- CSAPC meeting format, Kyle Knight
- Priority is to increase attendance and make the meetings more productive. Kyle proposed:
 - Quarterly, extended length
 - Focus on priority issues
 - CSAPC updates at BSCC and other meetings
 - Debbie commented that with monthly meetings we have momentum and that the coordinator would need to do reminders if we went to quarterly meetings to maintain cohesion and connection.
 - Joel added with the changes taking place, momentum is a big issue. We will want to keep the coalition informed and clued in on the many changes. He suggested that perhaps every other month might be a better option.
 - Marcus shared that it is important to have agenda that is interesting enough to learn something new or a big decision that is going to be made. In some other coalitions, they let the subcommittees meet and then come back to the whole coalition with reports and action.

- Gary shared that these are some of the suggestions that work in other coalitions nationwide. Committees are the doing the heavy lifting.
- Karen shared that going to every other month or quarterly might be very beneficial for as busy as schedules are.
- Decision was proposed that we discuss the issue at the November meeting.
- Alcohol/tobacco vendor education and compliance checks update, Kyle Knight
 - County and St. Johns doing the checks and should have them finished up next week.
- Tri-County Marijuana Summit, Polly Brainerd
 - Polly shared the upcoming summit and encouraged coalition members to attend.
- CSAPC letter of support on MiPHY, Polly Brainerd
 - Polly requested that a letter be sent to the county school superintendents requesting that they administer the MiPHY survey this year. Motion: Debbie Kloosterman made a motion to support the letter to the superintendents. Karen Black supported. **Motion carried.** Marcus asked if we needed any other letters of support. We had good representation two years ago. If we are met with resistance, we may reach out. Debbie suggested having a letter at a CCRESA and the sups meeting. They meet monthly.
- Karen mentioned that she will bring it up with her superintendent and ask to have it on the agenda for next month.
- Debbie shared information about the community health fair. This health fair is trying to promote fun ways to incorporate activity into your day as well as regular health screenings.

Agency Updates and Announcements

- Gary announced that since his retirement he will continue to be involved but a limited basis.
- Kim Thalison announced that she is the new Prevention Supervisor at Eaton RESA.
- Joel accepted a position at the CEI-CMH and will continue to participate in the Clinton Coalition.
- Deborah shared that they have a very active high active utilizer group. It might be interesting for our county to be looking at and target accelerated services. She also commented on how important the housing situation is for our tri-county area.
- Dave Cooper announced that there is a new substance abuse counselor, Becky Lopez working at Clinton Counseling Center.
- Kyle made the announcement that Gary Owen retired. We are so very grateful for his participation over the years. Round of applause for Gary.

Kyle adjourned the meeting at 10:15 a.m.

2015-16 CSAPC Meeting- November 18, 2015, 8:30 a.m. – 10:15 a.m. at MMDHD
November 18, 2015

2015-16 Executive Committee Meetings- October 7, 2015, 8:30 a.m. – 10:00 a.m., St. Johns Police Dept.