



Clinton Substance Abuse Prevention Coalition

Vision: *To prevent and/or reduce use of alcohol, tobacco, and other drugs among all Clinton County residents, with a special focus on youth.*

Mission: *To reduce the harm caused by alcohol, tobacco, marijuana, and other drugs in Clinton County by fostering community action, education, support and collaboration.*

Meeting Minutes

Wednesday, January 20, 2016

MMDHD – 8:30 a.m. – 10:15 a.m.

Present: Kyle Knight, Nan Simons, Kate Neese, LeeAnna Vickery, Sara Thelen, Gary Owen, Marcus Cheatham, Karen Black, Brittany Mancogna, Dave Cooper, Polly Brainerd, Marie Barks, Phil Pavona

Welcome: Chair Kyle Knight

- Kyle called the meeting to order at 8:30 a.m.
- Introductions were made; we reviewed the CSAPC Vision and Mission Statements
- Agenda and Meeting Minutes were reviewed - Motion to approve: LeAnna Vickery, Marcus Cheatham seconded the motion to approve both. **Motion carried.**
- Treasurer's Report-no changes. There is \$275 currently in the account.

Mid-State Health Network Report: Heather English, Prevention Specialist

- Heather was not able to make the meeting this month. We'll look for her update in February.

Standing Agenda Items

- **Recovery Oriented Systems of Care (ROSC)** Polly shared that she had an email exchange with Deborah Smith from Wellness InX and Deborah indicated they were moving forward with the initiative in Clinton County and had plans to submit a proposal to MSHN for funding. We agreed that if a letter of support from the coalition is sought, we'd provide one. Motion to support the letter of support: Marie Barks, seconded by Karen Black. **Motion carried.**
- **Drug Free Communities Grant, Sara Thelen**
 - Sara provided a handout with this month's highlights. Sara and Polly are working with Inspiration Design Studio. The website will be totally reworked. As well, it was recommended that we update the logo. Sara shared several that were designed for us. We shared our perspectives: brighter colors, more movement/health focused symbol for Clinton County. Include the subheading "preventing the use of alcohol, tobacco, and other drugs", make sure the colors chosen can show up clearly given printing from a variety of printers, make sure it looks good in black and white. We like the contemporary font in the 5th sample but would need the artist to clarify the "talk bubble" to match the thinking behind the logo. We will have more samples for our February meeting.
 - The School Prevention Project with PALS and other student leadership groups is underway. The plan is to work with student leadership groups in each district, providing them with funds to do a media literacy project or campaign around prevention. Students will develop an action plan, analyze data and generate educational messages into print, video or social media. Stay tuned.
 - St. Johns schools likely received \$500 from SAMHSA to put on a town hall meeting. They should hear soon and would implement the grant this spring. Nan generously offered that if they get the grant, Clinton Sparrow Hospital will match the amount.
 - CADCA Leadership Forum. Polly, Gary, and Sara will be attending the forum in February. There is a mid-year forum in July in Las Vegas. There are DFC funds available for a number of coalition members to attend. Marcus shared that the forum is very uplifting and transformative both individually and for the coalition and community. Kyle and Gary shared their perspective on how beneficial attending the forum has been for them. We hope to get more coalition members attending in July.
 - Memorandum of Understanding/In-kind forms. Sara shared that she won't be collecting in-kind forms, but will be keeping track of anything we are doing in the community on a spread sheet. Please send her an email with any event or presentation that you do related to substance abuse prevention.
 - Carry Over funding. Sara realized there was more carry-over funding than originally thought. The activities planned for that funding remain the same from those we approved last month, but additional funding will be added. We reviewed the activities and funding levels. There was

positive agreement about the items included in the carry-over request. Motion was made to approve the carry-over request: Marcus Cheatham, seconded by Karen Black. **Motion carried.**

Capital Counties Commit

- Kate Neese and Polly Brainerd provided an update on the website and billboards, four of which are in Clinton County. Our county's drug drop-off sites are included on the website. Kate is now including the Capital Counties Commit link on her website as well as in other resources. These link up with Yellow Jug Old Drugs campaigns for controlled and other drugs. Check out the website: www.capitalcountiescommit.org

Executive Committee Report

- Kyle Knight shared the minutes from the two meetings in between our CSAPC meetings.

New/Continuing Business

- February 17th meeting, 8:30 – 10:15 a.m. We will be reviewing the new website design and break into committees to generate next steps on topics related to marijuana, alcohol, tobacco, and opioid abuse.
- Project Alert-Polly and Kyle have meetings with St. Johns and Dewitt Project Alert officers today. What appeals to the coalition is having the police working in the schools and being seen in a positive role. We will be having conversations with Heather from MSHN about plans for next year.
- Ovid-Elsie Early Intervention pilot-we discussed the proposed pilot project. Kyle and Polly will meet with the Undersheriff today and report back on progress.
- Website/Marketing materials-so grateful to have the DFC grant to update the website. Look forward to having the website up, interactive, and able to be updated easily by staff.
- April Forum- Marie is awaiting possible dates the Fetal Alcohol Syndrome specialist is available. We also have a speakers lined up from the State Tobacco section and a one on opioid abuse. The forum is slated for April as a partnership between the coalition and Clinton Sparrow Hospital.

Coalition Member Updates and Announcements

- There is a training coming up May 11th to provide communities with technical support on building a Suicide Safe Community. There used to be a suicide prevention committee within the county. We discussed seeing if anyone within the coalition or through the BSCC committee would attend and bring information back. Nan added that the hospital will be doing community education presentations quarterly. She would be interested in having presenters on different topics related to health. Karen asked what our Clinton County MiPHY data shows related to suicide and depression. Gary shared that the MiPHY data did show that suicide among our youth is a serious issue. Kyle shared that there was a completed suicide in Fowler this morning. LeeAnna will get more information about the meeting and we'll see if we can get a small group together to attend.
- Other announcements included the Capital Area Community Services, Clinton County Walk for Warmth on 2/27 (989/224-6702), Couch to 5K from 2/23 – 4/30 (989/224-6287) to get ready for the annual Superhero 5K fundraiser for CASA. A spaghetti dinner fundraiser at Big Boy for CASA on 2/24 (989/224-6828).
- Gary was alerted to a Community Intervention team meeting. On behalf of the Coalition, Gary will be attending. Quite a few police departments through the tri-county area are attending. This training is to offer information on how to support people who are experiencing a mental health crisis. Dave asked if this is primarily law enforcement or could other agencies participate. Gary will look into this and contact Dave.
- Marcus shared that MMDHD together with two other county health departments north of us applied for a grant to fund a public health associate from the CDC for two years placed in our community to work on opioid abuse prevention. The grant intends to have the public health associate gather information and write a sustainable plan for our community. The grant was just submitted and we should hear quickly.
- Kyle shared that we'll need to reschedule our Executive Committee meeting. Our next EC meeting will be February 8 from 1 – 2:30 p.m. at the SJPD.

We had a special presentation from Phil Pavona representing Families Against Narcotics (FAN). He shared the story of his son who passed away from a heroin overdose two and a half years ago. He joined another FAN group in Michigan and then started a local chapter in Ingham County. He's been instrumental in creating changes in the medical, court, and mental health response to addicted individuals in Ingham County. He shared some factors that would be involved in starting a FAN chapter in Clinton County. The coalition was very appreciative of his time and commitment. We will be taking up the prospect of starting a FAN chapter in Clinton County at our February 17th meeting.

Karen Black made a motion to adjourn at 10:25, Dave Cooper seconded it. **Motion carried.**

2016 CSAP Coalition Meetings: February 17 (*Committees*), March 16 (Full Coalition), April 20 (*Committees*), May 18 (Full Coalition), June 15 (*Committees*), July 20 (Full Coalition), August 17 (*Committees*), September 21 (Full Coalition)

2016 Executive Committee Meetings (anyone is welcome)-St. Johns Police Dept., 8:30 a.m. – 10:00 a.m.
February 8 (1:00 – 2:30 p.m.), March 2, April 13, May 4, June 1, July 6, August 3, September 7