

**Vision:** *To prevent and/or reduce use of alcohol, tobacco, and other drugs among all Clinton County residents, with a special focus on youth.*

**Mission:** *To reduce the harm caused by alcohol, tobacco, marijuana, and other drugs in Clinton County by fostering community action, education, support and collaboration.*

### Meeting Minutes

Wednesday, November 15, 2017

MMDHD – 8:30 a.m. – 10:15 a.m.

**Present:** Marie Barks, Karen Black, Haley Hastings, Christine Histed, Joel Hoepfner, Deacon Dzierzawski, Audrey Wendt, LeeAnna Vickery, Jennifer Richards, Nan Simons

Jenny opened the meeting at 8:30 a.m. We did introductions. Jenny had us review the vision and mission. We looked over the agenda and minutes. LeeAnna made a motion to accept the meeting minutes and agenda. Nan supported the motion. **Motion carried.**

#### CSAPC Member Highlight – Nan Simons, Sparrow Clinton Hospital

Nan was born and raised in Grand Ledge. Her mom was an elementary teacher. Her dad was a WW2 pilot. He kept his interest in aviation and they built an airplane in their garage. He gave Nan lots of inspiration. She went to MSU starting on a music scholarship and graduated from Honors College in English Literature and Anthropology. She was a Vet Technician for five years and then applied to a local newspaper and got a job. She ended up running three community newspapers for several years then moved into the Sparrow Hospital marketing department. She's been there for 16 years, the last 10 years here at Clinton Sparrow Hospital with many responsibilities. Nan has a husband of 36 years and a couple of terriers. Her mom will be 96 and lives independently. Nan rides a Harley and plays Appalachian mountain music on the banjo. She was recruited by Polly and Marie to join the coalition and has been a member for several years. Next month member highlight is Haley Hastings.

#### Trauma - Karen Black and LeeAnna Vickery

Several months ago, Karen and LeeAnna did this presentation for the BSCC meeting and we decided to have them share the information with CSAPC as well. As part of the Great Start Action Agenda, they want to increase awareness around childhood trauma and toxic stress. These presentations are part of the awareness objective. As well, on December 1<sup>st</sup>, Great Start Collaborative is bringing in Dr. Stephanie Grant from the west side of the state to speak on trauma and toxic stress. She is an excellent speaker and addresses how to support children and their families. The presentation is 12/1 from 8:30 – Noon at CCRESA. Register at CCRESA. March 17<sup>th</sup> is the Laughing, Loving, and Leading conference. **Action: Polly will email the powerpoint.**

#### CSAPC Logic Model – Deacon Dzierzawski

Deacon reviewed our logic model so far and walked us through how to interpret it and implement it into our coalition work. Our best opportunity to make the change we want to see is at the community level. We reviewed the long-term outcomes, moved through intermediate outcomes and then went over short-term outcomes. We develop activities to address the short-term outcomes. We discussed adding marijuana and moving forward with the logic model. The logic model is our foundation and all of our activities should be aligned to it. LeeAnna made a motion to add the marijuana portion of the logic model. Joel supported the motion. **Motion Carried.**

Letter of Support for Karla Palmer's position at St. Johns School District. Polly shared that the district is voting to eliminate Karla's position as school nurse. LeeAnna moved that we send a letter of support for Karla's position. Joel supported the motion. **Motion carried. Action: Polly will write the letter, Marie will sign it.**

#### Items for Discussion/Action

We reviewed the action items from our October meeting.

Youth Crime: At the HCC meeting there was some interest expressed from parks and recreation and a few others to look at activities for young people. No committee was formed yet, but they will take it up at the January meeting. Nan had some ideas we could look at with the committee.

#### Youth Marijuana Use

Bingham Township Ordinance. Marie reported that the vote to have the marijuana manufacturing facility in Bingham Township didn't pass. There are still opportunities for manufacturing facilities to be considered in our county in the future. **Action: Polly and Sara will contact the Clinton Township association to see if we can meet with township supervisors in January.**

#### Underage Drinking

Billboards/Communications Committee. Sara invited anyone interested in joining the communications committee to attend the meeting on 11/27 at 3 p.m. at MMDHD.

#### General Substance Use

Town Hall update and results. We had over 30 people attend the town hall. The evaluations were very positive and people expressed interest in attending others in the future. **Action: Sara and Polly will meet with Deputy Tracy Barber about planning more town halls.**

MSHN survey. The Executive Committee will provide input on the survey regarding local needs.

#### Recent Conferences

Marie went to the CAN Conference. It was a good one. Sara went to the Burning Issues Conference. It was better this year and there was a good speaker presenting on marketing and the media. He provided a lot of resources that will assist efforts of our communications committee. Sara mentioned that the CADCA conference is coming up in February. It is a good conference for newer members. Deacon said the mid-year CADCA conference may be a better one to go to and to take our student members. **Action: Deacon will send us information about other national conferences members could attend.**

#### Coalition Member Updates and Announcements

Marie shared that there are Thanksgiving baskets that are already spoken for at Caring and Sharing Family Life Services. Applications for Christmas baskets for needy families are also available there. They are starting a Nurture and Play group for moms and babies up to 18 months. It is an educational and playgroup.

Christine Histed reminded about the Chronic Pain PATH class is coming up. She just finished one and reported that the workshops are great if you have enough people there. Please promote the class coming up in January.

There will be a Mental Health 1<sup>st</sup> Aid training January 22<sup>nd</sup> at CCRESA. Register at [www.eatonresa.org/prodevelopment](http://www.eatonresa.org/prodevelopment)

2018 Healthy!Capital Communities is meeting on 11/30 at the Hannah Center in E. Lansing. We encourage Clinton Co. providers to participate to represent the county.

Joel shared the CEI-CMH is partnering with other organizations to write a Michigan Health Endowment fund grant on Nutrition and Health life grant for \$500,000. It would fund projects around food security and safety and physical activity over two years. LeeAnna offered to do a letter from BSCC.

LeeAnna created a facebook page for BSCC. Find it under Building Stronger Communities Council and "like" it.

Nan reported that the hospital had a 90<sup>th</sup> birthday party. 120 people attended. Nice to have acknowledgement and recognition of the long history.

Haley said the open house at Safe House went really well with 50-70 people attended.

Audrey passed around the information on the class she'll be conducting in the alternative high schools. They have an office in St. Johns. Her organization has a new contract with MSHN as of 10/1/17.

#### Next CSAPC meeting: December 20, 2017 at MMDHD

**2017-2018 EC Meetings from 8:30 a.m. - 10:00 a.m. at Caring and Sharing Family Life Services:** December 6, January 3, 2018, February 7, March 7, April 11 (second Wednesday), May 2, June 6, July 11 (second Wednesday), August 1, September 5.

**2017-2018 Coalition Meetings from 8:30 a.m. – 10:15 a.m. at Mid-Michigan District Health Department)** December 20, January 17, February 21, March 21, April 18, May 16, June 20, **No meeting in July**, August 15, September 19.