

FY17 Year-End Reporting Form: PREVENTION

Due: December 15, 2017 at 5:00 PM

This year-end report serves as a summary of prevention activities that occurred during FY17 at your agency. Please take this opportunity to discuss all activities funded by Mid-State Health Network using the most appropriate content area below. When you have completed your report, please send it via email to your MSHN Prevention Specialist, as indicated on the last page.

Report Date: December 15, 2017

Provider Agency: Eaton RESA/Clinton Substance Abuse Prevention Coalition

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Strengths & Celebrations

Discuss estimated completion of strategies and objectives, and major successes you experienced this year. You may find it helpful to create a list of programs or sort the content by goal area.

Goal #1 - Capacity Building:

- CSAPC met monthly with the exception of November and July. We had an average of 12 community partners in attendance at coalition meetings. In 2017, we added a Take Back Meds sub-committee.
- As a result of staff attending community meetings, issues related to prevention and treatment have been added to meeting and conference agendas including: The Older Adults in the Know (OAK) conference, Healthy Capital Community meetings, and Building Stronger Communities Council. Collaborations with stakeholders are forged at the community meetings.
- Infographics on MiPHY data related to marijuana, tobacco, and alcohol were developed and distributed to each of the five districts who took the MiPHY survey. The infographics were shared with the superintendents and county school administrators at a Clinton Co. Superintendents' meeting. Infographics were posted on school websites and at school district meetings. Four focus groups were conducted with middle and high school students to get feedback and perspectives on their district's MiPHY infographics. Reports on the focus groups were provided to coalition members, superintendents, and school administrators.
- School district members of three of the six Clinton County districts participated in all three Whole School Whole Child Whole Community meetings this fiscal year, receiving information about substance use prevention and mental health supports.
- With MSHN funding, we were able to send a minimum of seven to state and national SUD trainings to broaden our coalition members understand of SUD issues.

Goal #2 - Alcohol:

- We updated the materials for our alcohol vendor education. Visits were made to 100% of the alcohol vendors in Clinton County. An educational packet was provided to each business at a visit by a law enforcement officer. Law Enforcement compliance checks were completed for 106 alcohol vendors. Five businesses were non-compliant for a 95% compliance rate. Each establishment was sent a congratulatory letter if they were compliant or a letter informing the owner of non-compliance. Follow-up vendor education and compliance checks will be conducted with owners early in the 2017-18 fiscal year.
- Seven new Peer Assistance Leaders were trained from Dewitt and St. Johns High Schools and 11 new Dewitt Jr. High School students were trained.
- We successfully implemented Project Alert, an NREPP program in 7th grade classrooms in Dewitt and St. Johns. Over 400 7th graders participated in the classroom program. The courses are co-taught by certified law enforcement officers and lead teachers.
- One TIPS® training was offered in Clinton County with 11 participants from three businesses.
- Packets for parents with topical information on alcohol and marijuana as well as local resources were developed and distributed to every middle/Jr. high and high school counseling office in the county. Counselors and administrators were invited to share the packets with a parent if their child had a discipline referral or the parent had a concern for their child related to alcohol or marijuana.
- Signs of Suicide (SOS) curriculum were offered to all six districts in Clinton County. Two Clinton County districts participated in the Signs of Suicide (SOS) implementation training in December 2016. Both districts received the curriculum purchased for them and both implemented the SOS program at their middle school/Jr. high and high schools in April 2017. As a result, at least two students were identified as being acutely suicidal and hospitalized the day of the program implementation. Follow-up assessment and counseling were offered to a number of students in each district. Both districts will be implementing SOS in spring of 2018.
- In cooperation with Child and Family Charities, Owosso Memorial Hospital, and Ovid-Elsie School District, we were successful in implementing the early intervention program at the high school. At the beginning of the 2016-17 school year, the students and parents were informed about the change in policy and the program. No incidences arose that qualified for the early intervention program during the 2016-17 school year. However, we met again at the beginning of the 2017-18 school year to make sure we had protocols in place. As of October 2017, we have three students involved in the 8-week program.
- A committee of CSAPC successfully developed a Clinton Co. Behavioral Health Resources Directory. Sparrow Clinton Hospital graciously designed the directory and printed 500 copies. Between MSHN and DFC funding, we had 1000 additional copies printed. Every elementary, middle/Jr. high, high school and alternative high school received copies. Coalition members distributed the directories to the courts, churches, human service providers, government officials, businesses, and other stakeholders.
- With DFC funding, CSAPC sent out over 2000 postcards to parents of high school seniors encouraging them to provide safe and drug and alcohol parties for teens at graduation and prom times. All six districts participated in the distribution of postcards.

- With DFC funding, CSAPC put up 7 billboards in the county for a minimum of 12 weeks related to the prevention of underage drinking.
- We held our 2nd Annual Clinton Prevention Forum in April with 68 community members attending. The forum had three presentations including: e-cigarettes, methamphetamine and heroin, and human trafficking.
- Working in partnership with MSHN, Caring and Sharing Family Life Services, and Child and Family Charities, Clinton County welcomed an Adolescent SUD therapist. We are so grateful to have those critical services in our county.

Goal #3 – Tobacco:

- We updated the education materials for our tobacco vendor education. Visits were made to 100% of the tobacco vendors in Clinton County. An educational packet was provided to each business at a visit by a law enforcement officer. Law Enforcement compliance checks were completed for 53 tobacco vendors. Eight businesses were non-compliant for an 85% compliance rate. Each establishment was sent a congratulatory letter if they were compliant or a letter informing the owner of non-compliance. Follow-up vendor education and compliance checks will be conducted early in the 2017-18 fiscal year.
- Clinton County had one establishment drawn for the State of Michigan required Syntar check and the business was compliant for 100% compliance rate.
- In March, CSAPC signed a petition to raise the minimum age of legal access to tobacco to age 21.

Goal #4 – Prescription Drugs/Marijuana:

- In September, CSAPC hosted an informational session with Prosecutors DJ Hilson and Ken Stecker on the legal issues related to medical marijuana and the potential recreational marijuana ballot proposal. We had 33 people in attendance.
- CSAPC secured 62 free Naloxone kits for four law enforcement agencies in Clinton Co. Our coalition funded Lynn Weber director of Clinton Ambulance to provide trainings on the use of Naloxone to each of the police agencies.

2. Connecting to Your Community

Describe your current linkages and collaborative partners. Include individuals or agencies you partner with to achieve your goals. Coalition coordinators, please list active coalition members by stakeholder type. Also, tell us about any new partners or key stakeholders you brought to the table.

We are fortunate to have very engaged and committed coalition members. Underlying their commitment is the understanding that reducing substance use disorder in the community will allow individuals and families to be healthier, safer, happier, and more productive. The members listed below are regular attendees.

- (Faith Based) Marie Barks: Sharing and Caring Life Services, CAN Council
- (Pre-K School) Karen Black, Great Start Readiness Program, Clinton County RESA
- (Healthcare) Marcus Cheatham, Mid-Michigan District Health Department
- (Mental Health) Dave Cooper and Chris Grupp, Clinton Counseling Center/CEI-CMH

- (Law Enforcement) Chief Kyle Knight and Officer Ben Helms, St. Johns Police Department, Chief Bruce Ferguson and Officer Mike Nunham, City of Dewitt Police Department, Chief Al Goodrich, Ovid Police Department, Undersheriff Fritz Sandberg, Lt. Jeff Clark, Deputy Tracy Barber Clinton Co. Sheriff Office
- (Youth) Meg Gust and Sophie Owen, St. Johns High School
- (Substance Abuse Prevention) Sara Thelen, Mid-Michigan District Health Department, Joel Hoepfner, CEI-CMH
- (Substance Abuse Treatment) Darlene McMathis, McMathis Counseling,
- (Healthcare) Kate Neese, Clinton County Waste Management
- (Human Service) LeeAnna Vickery, Building Stronger Communities Council, Christine Histed, Tri-County Office on Aging, Abigail Cudney, MSU Extension
- (School) Karla Palmer and her nursing students, St. Johns Public Schools
- (Healthcare) Nan Simons, Sparrow Clinton Hospital
- (Youth Serving Agency) Lance Taylor, Highfields
- (Healthcare) Sara Thelen, Mid-Michigan District Health Department
- (Human Service) Haley Hastings, Safe Center
- (Human Service) Christine Hansen, Clinton County DHHS
- (Court) Jennifer Richards, Clinton County Juvenile Court
- (Government) Kam Washburn, Clinton County Commissioner
- (Prevention) Polly Brainerd, Sara Thelen, MMDHD

New to our coalition this year are Christine Histed from Tri-County Office on Aging, Haley Hastings from Safe Center, Undersheriff Fritz Sandborn and St. Jeff Clark, Abigail Cudney from MSU Extension, Sophie Owen from St. Johns High School, Darlene McMathis from McMathis Counseling, and Chris Grupp from CEI-CMH.

Presentations to community groups included: St. Johns Chamber of Commerce, Tri-County Office on Aging, Building Stronger Communities Council, Healthy Capital Communities, Project Connect, Sparrow Clinton Health Fair, Clinton County Commissioners, Clinton Co. Juvenile Court, Clinton Medical Center, Clinton Co. Superintendents, Clinton Co. Middle and High School Counselors, six Clinton Co. school districts.

3. Funding

Tell us about your FY17 funding streams and funding opportunities you intend to pursue in FY18.

CSAPC's capacity for prevention programming is greatly enhanced through a partnership with MMDHD's Drug Free Communities (DFC) Grant. DFC funding will continue through 2019. CSAPC has received funding from Sparrow Clinton Hospital to supplement costs for the Clinton Spring Prevention Forum and they provided the design and cost of printing of the Behavioral Health Service Directory. The Clinton Council for the Prevention of Child Abuse contributed the conference room fee for the Spring Prevention Forum. Caring and Sharing Family Life Services provides office and client meeting space for the Clinton Co. adolescent SUD therapist.

4. Collaboration

Describe any new MOUs, system alignment achievements, ROSC activity, and integration efforts, etc. you achieved or sustained this year.

As a result of contacting service providers and private therapists for inclusion in the Clinton Behavioral Health Services Directory, we gained active participation of several local therapists and agencies on the coalition.

While they don't attend meetings, we have a stronger connection to the Clinton Medical Center, particularly the Suboxone Clinic and have had two meetings with them at the center on issues relevant to ROSC.

Additionally, as a result of having Judge Rick present on human trafficking at our Spring Prevention Forum, she has invited us on her planning team for the women's sobriety court. We have met several times with Judge Rick and once with her team.

5. Process Outcomes

Discuss the process outcomes related to your program/project. Include meetings attended, number of participants, and any other relevant quantitative data.

10 CSAP Coalition Meetings – average attendance 12
11 CSAPC Executive Meetings – average attendance 4
1 Spring Prevention Forum – attendance 68
4 Middle and high school MiPHY Focus Groups – attendance 42
7th Grade Project Alert Classes in Dewitt – attendance 196
7th Grade Project Alert Classes in St. Johns – attendance 227
Alcohol Vendor Education and Compliance Checks – 106 each
Tobacco Vendor Education and Compliance Checks – 53
TIPS® Training – 11
Medical Marijuana in Michigan presentation – 33
Clinton Behavioral Health Directory – 1500 printed/900 distributed
Parent Postcards – 2000 mailed
Narcan kits distributed to Clinton Co. law enforcement – 62
Clinton County PALS trained – 18
Presentations by CSAPC to Community Groups – 16
Project Connect – 156 households
Sparrow Clinton Hospital Health Fair - 100

6. Evaluation Outcomes

Describe the progress you have made toward the desired outcomes of your program/project. Tie this progress to your initial goals and objectives. Did you achieve your overall goals?

- In our coalition survey, 92% of respondents reported that we provided leadership and guidance in the maintenance of the coalition.
- Spring Prevention Forum – 98% of participants reported that the forum was well organized and 94% of the participants reported they would be able to use the information gained at work or home.
- We have 95% compliance rate for our alcohol compliance checks and 85% compliance rate for our tobacco checks.
- All 11 participants rated the TIPS® training as excellent in all five categories.
- 99% of Dewitt 7th graders and 99% of St. Johns 7th graders reported on the Project Alert post-test that they agreed that drinking alcohol can be harmful to your growing brain, and 97% of Dewitt 7th graders and 95% of St. Johns 7th graders agreed that most of their friends were committed to not using drugs or alcohol.

7. Opportunities

Discuss any barriers, challenges, and external factors that may have impacted your ability to achieve your goals this year.

Our Chairperson of over ten years, Chief Kyle Knight, took a job up north. He was a significant contributor and link to our law enforcement community. Vice-Chair, Marie Barks took the reigns of Chairperson and is doing a great job. We are fortunate to have support and involvement by the Sheriff's Office. Last December, the new marijuana manufacturing and dispensary laws took effect. Our coalition has had to deal with one township faced with a marijuana manufacturing facility and part of Clinton Co. that was annexed into East Lansing facing similar challenges.

8. Future Plans

Tell us how the work you completed in FY17 will influence the work you plan to complete in FY18. Discuss new ideas and/or activities you plan to implement during the upcoming year.

- We are continuing to focus on underage drinking but have decided as a coalition to also focus our efforts on the effects of marijuana use by youth, particularly given the impending recreational marijuana ballot proposal.
- We have a communications committee this year tasked with planning on consistent messaging.
- This year we have a Take Back Meds committee with additional support from local law enforcement and the Sheriff's department along with two new medication drop boxes.
- We're working with Judge Rick on the planning team for the Women's Sobriety Court.
- Due to the success of our first town hall, we're looking forward to scheduling several more.
- We'll be broadening the scope of our Prevention forum to include churches and businesses.